

'We All Share the Same Water' by Leanne Watson, Shay Tobin and Leanne Tobin

Mootang Tarimi

Chronic Care Bus

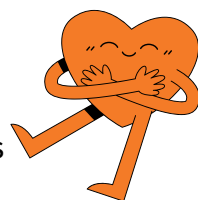
Mootang Tarimi is a free renal assessment and chronic care service available to the Aboriginal community residing within both the Nepean Blue Mountains and Western Sydney Local Health Districts.

WHAT TO EXPECT...

An Aboriginal Health Worker and Registered Nurse – provide screening, referrals to other health services, cultural support as well as providing health information on nutrition, physical activity, alcohol and quit smoking programs.

SOME OF THE SERVICES OFFERED INCLUDE:

- Height, weight and waist measurements (BMI)
- Blood pressure
- Heart health assessment
- Dental screening
- Blood glucose level (BGL) diabetes
- Kidney



DATES:

Wednesdays once a month in Term 2 2024 on
1st May, 5th June, & 3rd July 2024

TIME:

10:00am - 12:00pm

LOCATION:

Koolyangarra Aboriginal Family Centre
Corner Pendock Road & Kington Place, Cranebrook, NSW 2749

CONTACT:

Carolyn on 0437 083 839 or Kooly on 4706 0280