

# NCNS SUPPORTED PLAYGROUPS 2024

Our playgroups are facilitated by our friendly staff members who are skilled in early childhood education and family support.

## MONDAY

### 7 SENSES PLAYTIME

A play opportunity for children & parents to focus on supporting the development of the 5 senses & a couple more important developmental challenges that children experience. We will look at the use of repetition, exploration & experimentation to create a safe learning environment for children & their families.

Monday 12 Feb to 1st April 2024

9:30 am – 11 am

Cranebrook Neighbourhood Centre,  
17 Hosking St, Cranebrook, 2749

Leanne on 0408 586 797



## TUESDAY

### YOUNG PARENTS

Come and meet other young parents/carers and become part of a supportive group in a relaxed atmosphere, with lots of activities for the kids provided. For parents/carers under 25 years old.

Tuesdays (school term)

10am-11:30am

Penrith Women's Health Centre  
Corner of Henry St & Station St,  
Penrith NSW 2750

Leanne 0408 586 797 or Amy  
0477 004 773

### NEPEAN YOUNG PREGNANCY SUPPORT (NYPS)

A super-friendly and chilled space for young pregnant women to share this journey with other young women. Centrelink will be available throughout the term to provide advice and other guest speakers organised. The group is social, has lots of info and plenty of support on things you need to know, including relationships, connection, housing, health and more!

Tuesdays (school term)

9am – 12pm

Womens Health Centre Penrith

Amy 0477 004 773 or  
Leanne 0408 586 797

## WEDNESDAY

### PLAYGROUP IN CAMBRIDGE PARK

Penrith City Council and Nepean Community & Neighbourhood Services have partnered to provide a weekly playgroup open to all families.

Wednesdays (school term)

9:45am-11:30am

Allsop Oval Park on Oxford Street  
(opposite Cambridge Park shops)

Leanne 0408 586 797

### DARK EMUS ABORIGINAL PLAYGROUP

Come along for a yarn with other parents/carers. Playgroup is a great opportunity for children to play and learn with their parents/carers.

Wednesdays (school term)

10am-12pm

Lifestart St Marys, 8/10 Carinya  
Ave, St Marys, 2760

Amy 0477 004 773



## THURSDAY

### BRADDOCK PLAYTIME

Come along and enjoy the morning with an awesome group of parents/carers.

Thursdays (school term)

9:45am-11:30am

Cranebrook Neighbourhood  
Centre, 17 Hosking St,  
Cranebrook, 2749

Leanne 0408 586 797 or Rabia  
0417 550 382



## FRIDAY

### KOOLY ABORIGINAL SUPPORTED PLAYGROUP

Come along for a yarn with other parents/carers. Playgroup is a great opportunity for children to play and learn with their parents/carers.

Fridays (school terms)

10am-12pm

Koolyangarra Aboriginal Family  
Centre, Cnr Pendock Rd & Kington  
Pl, Cranebrook, 2749

Amy 0477 004 773

### DADS & KIDS FRIDAY AFTERNOON PLAYTIME!

NCNS and Penrith City Council are offering the opportunity for local dads to come and experience playgroup on a Friday afternoon!

Friday 23rd February 2024

4:30pm till 6pm

Cranebrook Neighbourhood Centre  
Hosking St, Cranebrook NSW 2749

Friday 15th March 2024

4:30pm till 6pm

Cambridge Park with the Penrith  
City Council Play Van

Call Leanne on 0408 586 797 or  
Jeremy on 0434 362 909 for any  
enquiries