



In partnership with Koolyangarra Aboriginal Child and Family Centre









Kooly Aboriginal Go4Fun | Term 1, 2024

Thursdays
8 February to 11 April
4:30 pm to 6:30 pm
Transport available
Pool program
Free
Nepean Aquatic Centre, Penrith

"We look at healthy eating and staying active on the program. We also bring families together!"
Reece,
Aboriginal Go4Fun Leader

Enquiries and to register call Kooly on (02) 4706 0280

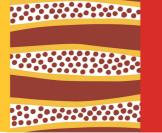


Spend time with friends and family to get healthy, active and happy with Aboriginal Go4Fun. Aboriginal Go4Fun is a ten week healthy lifestyle program for kids aged 7-13 and their families.

A parent or carer is required to attend each session.

For more information visit go4fun.com.au









What happens at Go4Fun programs?

Fun games & activities



Build self confidence



Make new friends



Manage screen time



Get active &

have fun

Supermarket tour



Learn about for kids &

Whole of family approach



healthy eating family













