



Kooly Aboriginal Go4Fun | Term 1, 2024

Thursdays

8 February to 11 April

4:30 pm to 6:30 pm

Transport available

Pool program

Free

Nepean Aquatic Centre, Penrith

Enquiries and to register call

Kooly on (02) 4706 0280

"We look at healthy eating and staying active on the program. We also bring families together!"

**Reece,
Aboriginal Go4Fun Leader**

Free!

Spend time with friends and family to get healthy, active and happy with Aboriginal Go4Fun. Aboriginal Go4Fun is a ten week healthy lifestyle program for kids aged 7-13 and their families. A parent or carer is required to attend each session.

For more information visit go4fun.com.au



What happens at Go4Fun programs?

Fun games & activities



Build self confidence



Make new friends



Manage screen time



Supermarket tour



Learn about healthy eating for kids & family

Get active & have fun



Whole of family approach

