



# YOUTH & FAMILY CASEWORK SERVICES

## WHAT WE CAN OFFER

Case management support for young people and their families, offering advice, advocacy and referrals to appropriate services as well as providing support for current challenges that they may be experiencing. Case management support is offered on a short-term basis of 3-6 months.

## OUR FOCUS

Is to support young people and their families early on to make the biggest difference through targeted support. Using a strengths-based case management approach focusing on the young person's individual talents and problem solving abilities, utilising resources available in their support networks such as family, friends and the wider community.

## WHO WE ASSIST

Young people and their families who are experiencing safety issues, homelessness, substance misuse, relationship breakdown with peers or family, health and mental health, educational disengagement or transitioning through a sensitive life stage. Young people aged 12-17 and their families residing in or attending school in the Penrith LGA.

## HOW TO REFER

Referrals can be made by parents/ guardians, the young person, community or other services.

## CONTACT

Melissa on 0437 911 672  
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**NEPEAN COMMUNITY & NEIGHBOURHOOD SERVICES**

*Respect. Resilience. Reconciliation.*

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