

N Y P S

Nepean Young Pregnancy Support

Are you pregnant and under 25 years? Want to meet other young people? Need to attend an Antenatal Clinic?

NYPS – a super-friendly and chilled space for young pregnant women to share this amazing journey with other young women their own age. We are a non-judgmental and youth-friendly group providing an opportunity for the group to meet other young pregnant women. Centrelink will be available throughout the term to provide advice and other guest speakers organised.

The group is social, has lots of info and plenty of support on things you need to know, including:

- relationships
- housing
- connection
- health & more

Date: Tuesdays during school term

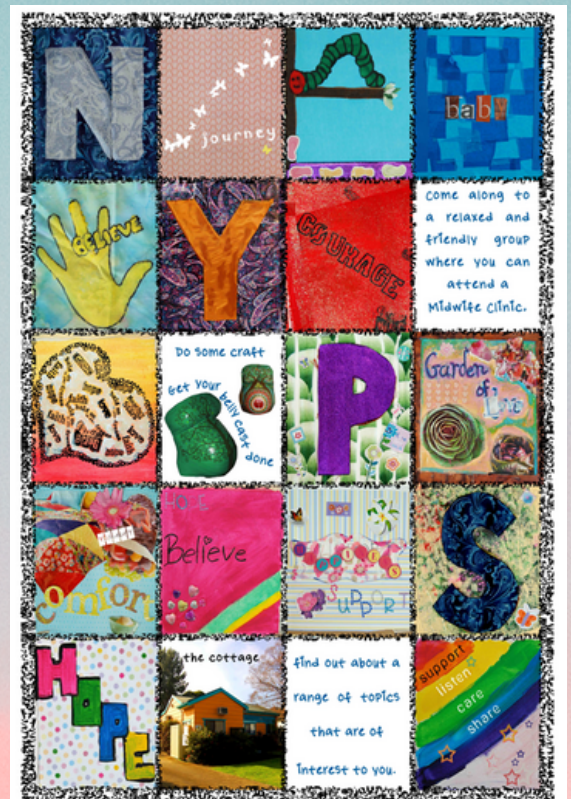
Time: 9:00am to 12:00pm

Location: Women's Health Centre Penrith
Cnr Henry & Station St
Penrith NSW 2750

For more information or to book an appointment with Sandra (midwife) please contact:

Amy 02 4729 0442 / 0477 004 773

Please stay home if you or your children are not feeling well.



NEPEAN COMMUNITY & NEIGHBOURHOOD SERVICES

Respect. Resilience.
Reconciliation.

www.nepeancommunity.org.au