

# NCNS & PARENTING

NCNS recognise the challenges faced by today's parents, and believe in giving children the chance to grow and develop to their full potential. We offer a wide range of FREE programs throughout the area.



## PARENTING PROGRAMS

Add to your parenting toolbox by attending one of our many parenting programs to deal with challenges, learn how children's minds work, and increase your bond with your child.



## PLAYGROUPS

Join other mums, dads, carers and their 0-5 year olds at one of our Playgroups. Sing, play, build, read, and get support if ever needed.



## SCHOOL READINESS PROGRAMS

This 8 week Aboriginal program helps prepare your child for the big transition to school.



## CHILDREN'S DAYS

Events throughout the year bring messy play, sensory experiences, and a chance to meet a range of children's services, to you and your children.



## PAINT THE TOWN READ

Ruby Roo brings reading joy to children at schools, events and pop-ups around the community.

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