

Make Time Women's Group

Come and meet
new friends!



TERM 1 2019	
19TH FEB	Sewing cat blankets & Cooking
26TH FEB	Movie—'The Greatest Showman' Craft
5TH MAR	Craft/.Scrapbooking
12TH MAR	Bingo—Bring a small prize!
19TH MAR	Penrith Women's Health Centre- Information Session about menopause
26TH MAR	Yoga/Zumba
2ND APRIL	BQQ Outing at Jordan Springs (last group of the Term)

When: Tuesdays during school term
Dates: 19th February—2nd April 2019
Time: 9.30am - 11.30am
Where: Cranebrook Neighbourhood Centre
Hosking St, Cranebrook
Contact: Nada on 4729 0442

Plans are flexible & all new ideas welcome!