

NEPEAN COMMUNITY & NEIGHBOURHOOD SERVICES

Cranebrook Neighbourhood Centre – Term 3, 2016

17 Hosking Street, Opposite Cranebrook High School



MONDAY

THE BREAKFAST CLUB

7:30 – 8:45 am for Students of Cranebrook High School and Braddock Public. Parents also welcome



Call Steve on 4729 0442

TAFE INFORMATION WORKSHOPS

To express interest in course you would like run

Call Steve on 4729 0442

Cranbrook Neighbourhood Centre is one of many centres operated by Nepean Community Neighbourhood Services

FIND OUT MORE BY VISITING OUR WEBSITE www.nepeancommunity.org.au

OR KEEP UP TO DATE - FOLLOW US ON FACEBOOK www.facebook.com/NepeanCommunity

TUESDAY

THE BREAKFAST CLUB

Runs every morning of School Term
7:30 – 8:45 am



Need a sandwich or fruit for recess get it here! Please remember to sign in

Call Steve on 4729 0442

MAKE TIME WOMEN



Tuesday during school term starts back again on the 19th July
9.30 -11.30am

Free Childcare on-site
This terms activity include, cooking, Pantry Program, art & craft, FREE plant & gardening tips at Beecroft Popup Park

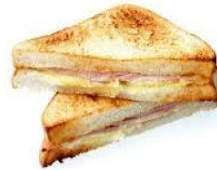
Call Steve on 47290442

WEDNESDAY

THE BREAKFAST CLUB

7:30 – 8:45 am

WEDNESDAY IS TOASTY DAY



Come and get your hands on a hot ham, cheese or ham, cheese and tomato toasties. Yummy!!

Call Steve on 4729 0442

INDIGENOUS TRIPLE P PARENTING PROGRAM

Wednesday 10am – 12noon. 5 week program (03Aug – 31Aug). FREE morning tea in a happy and safe environment. Childcare provided

Call Rebecca on 4702 6488/0457 700 094

TAFE WORK SKILLS COURSE - FREE

Learn the "Job Ready Skills" that are highly sought after by employers. 6 – 8wk course commences in August.

Call Steve on 4729 0442

THURSDAY

THE BREAKFAST CLUB

IT'S MILO DAY from



7:30 – 8:45 am

A choice of juices is also available

KEEPING CHILDREN SAFE WORKSHOP

Thursday 9.30am – 12pm. 6 week program, FREE childcare & morning tea. For families with children. Bookings essential.

Call Zoe on 47290 442

INFORMATION & REFERRAL SERVICE

Drop in anytime to ask a question about local services, or

Call Steve on 4729 0442

FRIDAY

THE BREAKFAST CLUB



Cereals, yoghurt, toast and spreads are also to be had

7.30am – 8.45am

DRU YOGA

Fun exercising every Friday 10.30am – 11.30am
Gold coin donation & BYO mat or heavy towel

Call Steve on 47290442



SATURDAY

Faxing and laminating also available when the office is open Monday to Friday



Hall & room hire available Please ring Penrith City Council

Suits community groups, team meetings, training, clubs and social groups.

Tables, chairs, whiteboard and kitchen available for use.

SUNDAY

THE PANTRY PROGRAM

Food bank will take place in Term 3

Order forms will be available from 1pm at Cranebrook Neighbourhood Centre on Mon, 19 Sep 2016

Ordering will take place on Tues, 20 Sep 9.30-12pm.

Warehouse packing on Wed, 21 Sep 9am-1pm

Deliveries will take place on Thur, 22 Sep 8.30am-12pm

You must participate to be eligible for the program

For more information contact Steve on 47290442

MONTHLY FUN AFTERNOONS

FREE programs for children with special needs on the last Tuesday of each month 3pm-4.30pm

Call Carolyn on: 4729 0442